

ARIADNA GIRONÈS

PERFORMER · CHOREOGRAPHER

With an international career spanning over thirty productions across dance, theatre, circus, and film, Ariadna Gironès Mata works on stage and on camera as a creator, performer, and pedagogue. Her practice is rooted in research-based processes and physical commitment, approaching performance as a space for inquiry, self-reflection, and transformation.

EXPERIENCE AS PERFORMER

SO?!WHAT – Ariadna Gironès Mata | 2023, 2025
Contre-Jour – Alexander Vantournhout | 2021–2023
M.A.D – Julien Grosvalet | 2019–2023
The Sea Within – Voetvolk / Lisbeth Gruwez | 2018–2022
Wolfgang – Backsteinhausproduktion | 2025
Faries – Backsteinhausproduktion | 2024
Emilia Perez – Jacques Audiard / Damien Jalet | 2024
How to Sell a Murder House – Backsteinhausproduktion | 2017
Broken, Scattered , Captive, Underground, Fragile & Lost – Motionhouse | 2013–2016
Refugees of the Septic Heart – Tom Dale Company | 2013–2014
Young company Bodhi Project | 2010–2011

EDUCATION

Bachelor's Degree in Economics, UOC
Research Program Última Vez, Wim Vandekeybus
Salzburg Experimental Academy of Dance (SEAD)
Modern program Company&Company
Ballet formation from age 4

EXPERIENCE AS ASSISTANT

Axis Mundi ~Compagnie Isi/Lucas Struna | 2023
Juventud of Nicanor de Elia | 2020
Proyecto Otradnoie | 2014

22 December 1987, Barcelona (Spain)

Height: 1,64 m / Weight: 48kg

🏠 Rue Scailquin 44, 1210 Saint-Josse-ten-Noode, Belgium

WEBSITE | SHOWREEL



OTHER SKILLS

Voice & singing training
Drama training
Yoga formation
Life coach
Pedagogy: ESAC Brussels ·
Impulstanz / Deltebre Dansa ·
Yantra Académie ·
Motionhouse

